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Chicken And Rice Cookbook: 20 Healthy Dishes (Jeen's Favorite Rice Recipes)



JEEN VAN DER MEER'S 20 HEALTHY DISHES

CHICKEN AND RICE COOKBOOK



Synopsis

Chicken and Rice Cookbook: 20 Healthy Dishes While chicken and rice can be monotonous if you cook them incorrectly, this collection of recipes is anything but boring. It utilizes ingredients and cooking techniques from all over the world to produce a rich and interested series of meals based around these basic staples. You may be surprised by how interesting simple chicken and rice can become. From classic American chicken and rice soup to Scottish cock a leekie or Japanese oyako-don, there's something for almost anyone. From traditional full-fat recipes to light, gluten-free and diabetic-friendly options, Chicken and Rice Cookbook offers chicken and rice dishes for almost every diet. It also provides options for both new and experienced cooks. Whether you're comfortable making your own tomato spice mix or you'd rather put together a quick recipe from prepared ingredients, there's an option for you. Every recipe can be adjusted to suit your own personal tastes or requirements. Substitute your favorite vegetables, adjust the spice ratios, or switch to brown or red rice. All these recipes make a great starting place for your own signature creations. Chicken and rice are so affordable, readily available and versatile that you'll be able to enjoy a whole world of options. This book may not contain every chicken and rice recipe that's out there, but it offers plenty of great places to start.

Book Information

Series: Jeen's Favorite Rice Recipes Paperback: 58 pages Publisher: CreateSpace Independent Publishing Platform (December 4, 2012) Language: English ISBN-10: 1481162500 ISBN-13: 978-1481162500 Product Dimensions: 6 x 0.1 x 9 inches Shipping Weight: 5 ounces (View shipping rates and policies) Average Customer Review: 4.0 out of 5 stars Â See all reviews (3 customer reviews) Best Sellers Rank: #2,160,696 in Books (See Top 100 in Books) #70 in Books > Cookbooks, Food & Wine > Kitchen Appliances > Rice Cookers #599 in Books > Cookbooks, Food & Wine > Asian Cooking > Chinese #2498 in Books > Cookbooks, Food & Wine > Cooking by Ingredient > Natural Foods

Customer Reviews

I just adore chicken and rice and this cookbook has so many great recipes for it you can't go wrong

with it. The Jamaican chicken and cold rice is fantastic and the chicken fried rice is out of this world.

Good recipes in this book that use simple, everyday ingredients normally found in a frugal person's kitchen rather than exotic and hard to find ingredients.

I liked some of the recipes like the chicken & rice recipe but then there are recipes that require different ingredients from different nationalities & its very hard to get some of those ingredients where I live. That's why I gave it 3 stars.

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